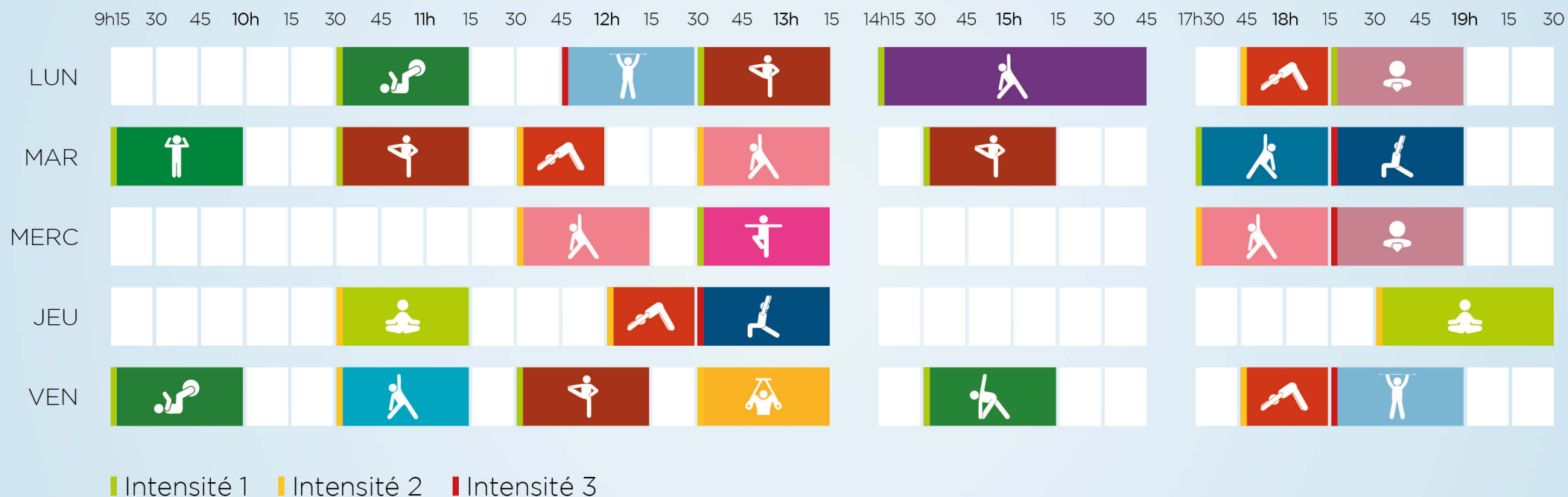


PLANNING FITNESS

HORS VACANCES SCOLAIRES 2024



 **Barre Sculpt**

 **TRX**

 **CAF**

 **Swiss ball**

 **Cross training**

 **Yoga**

 **Abdos flash**

 **Renfo Dos**

 **Renfo**

 **Cardio Stretch**

 **Pilates**

 **Gestes et Postures**

 **Cardio**

 **Body zen**

 **Stretching**

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